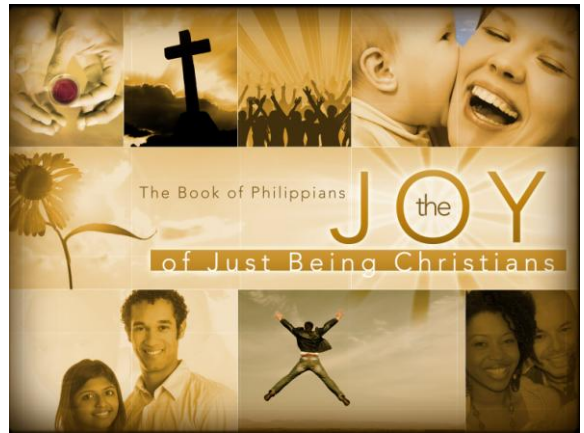




# The Point

A Companion Bible Study for Individuals & Small Groups  
For Message Series: *The Joy of Just Being Christian*  
Message: *Joy of Peace in the Lord*



## Listen:

Ask: Pretend you are marooned on a desert island (like Tom Hanks in the movie *Castaway*)...you are granted one wish for one item that would bring you great joy.....what would you wish for???

## Learn:

Read Philippians 4:1-3

- What does it mean to you “live in harmony in the Lord”?
- Read John 17: 13-21
- What did Jesus ask the Father for his disciples in verse 13?
- What did Jesus ask the Father for his disciples in verse 21?

Read Philippians 4:6-7

- In the place where you work....what are some things people are anxious about?
- What are some things you worry about?
- What prescription does Paul give for worry in v. 6?
- What does this phrase meant to you? Make prayer a first priority not a last resort.
- If you were asked to paint on a piece of canvas a description of peace.....how would you do it?

Read 4: 10-13

- How would you define contentment?
- Is contentment something God gives you or something you do?
- To yourself ask: Overall, do I have a spirit of contentment or discontentment?

## Live:

Read [Matthew 5:9](#)

This week find someone who is troubled about something and help bring them peace.