



The Point

A Companion Bible Study for Individuals & Small Groups
For Message Series: *Baggage*
Message: *Check Your Baggage*

Listen:

Ask: We live in an imperfect world with lots of “baggage”. What are some types of “baggage” people carry and what causes it?

Learn:

Read Isaiah 61:1-3

- What does God promise to those who have been wounded by life?
- How does Jesus fulfill this prophecy?

Read Psalm 109:21-22; 26; 29-31

- How is God glorified through healing our brokenness?

Read Romans 12:2

- According to this passage, what still needs to be renewed?

Read Colossians 3: 12-13 and Ephesians 3:32

- How are we to forgive others? How does forgiving others free us from past baggage?

Live:

- Spend time praising God for what He has restored in your life.
- Identify any “baggage” you are still dealing with and ask God to help you.



December 30, 2007 - Baggage Check

January 6, 2008 - Overcoming Addictions

January 13, 2008 - Emotional Baggage

January 20, 2008 - Overcoming Depression