



# The Point

A Companion Bible Study for Individuals & Small Groups  
For Message Series: *Baggage*  
Message: *Emotional Baggage*

## Listen:

Ask: Can you name the most emotional character you know in a favorite movie or television show?

## Learn:

Ask: Has there ever been a time in your life where you felt like you did not fit in?

- Is there a danger in always wanting to fit in?

Read 1 Samuel 15:24

- What mistake did Saul make?

Read Luke 10:38-40

- Martha was a “performer”. What is wrong with basing your worth on performing?
- How would you describe a “performer”?

Read John 4:17-18

- The woman at the well was described as a clinger....how so?
- What is wrong with being a clinger?

Read 2 Corinthians 5:17

- In Christ....we are what?

Read Ephesians 1:7

- In Christ....we are what?

**Live:** To you what does it mean to be .....in Christ?



December 30, 2007 - Baggage Check

January 6, 2008 - Overcoming Addictions

January 13, 2008 - Emotional Baggage

January 20, 2008 - Overcoming Depression