



# The Point

A Companion Bible Study for Individuals & Small Groups  
For Message Series: *Baggage*  
Message: *Overcoming Addictions*

## Listen:

Ask: Have you ever met an addict (other than yourself)? If so, how has it made you feel about addiction?

## Learn:

Read 2 Peter 2:19

- Names some addictions that “master” people.
- Why do you think Peter used the master-slave analogy?

Read 1 Corinthians 6:12

- What do you believe Paul is telling us?

Read Romans 6:12-14 and 2 Corinthians 10:4

- No one likes to hear the word...sin....do you agree or disagree “society no longer wants to hear the word....sin”?
- What attitude does Paul have towards sin in these verses?
- What is our part in dealing with sin according to these verses?

Read James 5:16

- “Everyone has some kind of addiction.” Do you agree with this statement?
- How important is confession in battling addiction?
- Do you think people are willing or unwilling to practice confession? Explain why you feel this way.

Read 1 Corinthians 9:27 and Philippians 4:13

- What does Paul mean by..”I beat my body”?
- To what extent do we have responsibility in battling addictions?

**Live:** In private, list your addiction (s) and ask God what you need to do.



December 30, 2007 - Baggage Check

January 6, 2008 - Overcoming Addictions

January 13, 2008 - Emotional Baggage

January 20, 2008 - Overcoming Depression