



The Point

A Companion Bible Study for Individuals & Small Groups
For Message Series: Eggstravagant Life!
Message: *Oh the Thinks You Can Think
Steps to Overcome Stinkin' Thinkin'*



Listen:

Ask: What is your favorite TV program or book and why?

- Has there ever been a time you might have said “I stink.....”
- Has there ever been a time that you said to others “You stink.....”
- Has there ever been a time that you thought “Life stinks.....”

Learn:

Read Proverbs 23:7

- Do you really believe how we think effects who we are?
- Can you give an example of how your thought life has impacted your own life?

Read 2 Corinthians 10:5

- What do you think it means to “bring every thought into captivity to the obedience of Christ?”
- Do you think Satan has access to our thought life?
- Name some ways that will help us control our thought life.

Read Philippians 4:8

- What does this passage encourage you to do?

Live

- Name two constructive things you could do this week that would give you greater control over your thought life?